

Report

Training to Community Hunger Fighters

31st December 2014, Palasgaon, Ta. Devli, Dist. Wardha

LANSA organized Community Hunger Fighters training with Community Hunger Fighters of MKSP on dated 31st December 2014 at Community Hall Palasgaon, Ta. Devli, Dist. Wardha. Training was organized on “Introduction of programme and kitchen garden”. Newly appointed Community Hunger Fighters (CHF) and Community Nutrition Garden Worker from LANSA participated training.

Total 28 people participate training including Community Hunger Fighters from LANSA and MKSP, Project Associate, and Resource Person.

First Session:

First session was class room session introduced by Sonali Phate. Introduction of the project, role and responsibilities of CHF was explained and following points was also explained.

- Expectations from health workers.
- How to identify the health issues specific to the village.
- How to utilize the schemes related to nutrition and health through *gramsabha*.

Role and responsibilities of LANSA CHF was explained by Rupal Wagh.

Second Session:

Session on kitchen garden was introduced by Suchita Ingole on the following sub-heads

- Importance of kitchen gardening
- How to establish kitchen gardens
- Selection of soil and seeds
- Water source management for kitchen garden
- Maintenance of kitchen garden

Third Session

Exposure visit was organized to kitchen garden in same village. Under guidance of Suchita Ingole demonstration on kitchen garden was given in one household.

- Land selection, lay-outing, bed preparation, use of organic manures, seeds preparation and season wise selection, cultivation, mulching and watering was explained by Suchita Ingole and Rupal Wagh.
- Terminology used for the kitchen garden ex. mulching, organic manures, macro organism was explained.
- Queries regarding kitchen garden was solved by Suchita Ingole, Sonali Phate and Rupal Wagh.

Fourth Session

Final session was concluded on the following points

- Seeds of vegetables were added in to the kit of LANSA CHF's and each CHF should compulsory established kitchen garden at their home.
- As per land availability design should be made.
- If homestead land is not available CHF can established sack garden and it will be model for village.
- Two or three families can plan community kitchen garden at available common place.

Reaction of LANSA CHF's was taken as feedback of the training programme in future for better planning.

A kit having stationary was distributed to all CHF's for official work.