

## **Status of Nutrition Intervention as on 20<sup>th</sup> November 2015**

The Focus of nutrition intervention is on the 214 Anemic and Vitamin-A deficiency Households (HHs). The HHs covered under the focus intervention are:

- ✓ Either 2 or more than 2 member anemic in the family.
- ✓ Having vitamin A deficient members
- ✓ Both the above categories.

**Area under Nutrition garden of the following 214 Anemic and VAD HHs.**

<i>Village</i>	<i>No. of HHs in the above categories</i>	<i>HHs having land for Nutrition garden</i>	<i>HHs having no land for Nutrition garden</i>	<i>HHs cultivate in other land</i>
Atalguda	28	28	-	-
Banuaguda	46	45	-	01
Bhejaguda	42	42	-	-
Chikima	16	16	-	-
Rauliguda	08	08	-	-
Kurukuti	59	55	04	-
Maliguda	15	15	-	-
Total	214	209	04	01

Therefore in total we have 210 gardens to be focused. In Maliguda all the 15 HHs are commercial vegetable growers. In this case we have to take 100 M<sup>2</sup> area to start the nutrition garden with iron and vitamin-A rich vegetables.

Distribution of fruit bearing plants like: papaya, guava, lemon, pomegranate and tree species like drumstick to the above HHs is under process. Seasonal vegetables like: Amaranthus, Indian spinach (poi), cabbage, cluster bean, Dolichos bean, carrot, tomato has been provided to the above HHs as per the available area.

Yield and utilization of the nutrition garden produce has been monitored by using Nutrition Garden Card with effect from September 2015. Data has been collected from the farmers at twice a week interval.

### **Nutrition awareness:**

1. Contacted Block level officials like: CDPO of ICDS, BEO of SSA, of Boipariguda Block and district level officials like coordinator of NHM, BCC, coordinator of UNICEF, district coordinator of UNFPA before initiating the programme to get their consent.
2. Developed posters on vitamin A and iron rich locally available vegetables.

### Awareness in School level:

#### The following activities are under taken in School level Awareness Programme:

- ✓ Share the data on Vitamin A level among children in the age group of 1 to 5 years of the village.
- ✓ Discussion on symptoms of vitamin A deficiency
- ✓ Discussion on locally available vegetables rich in Vitamin A
- ✓ Drawing competition for the school Children on “vegetables rich in Vitamin A”.

### Awareness in village level:

- ✓ Share the data on Anemic and VAD of the village.
- ✓ Focus discussion on Anaemia
  - Why anaemia occurs more in women and adolescents
  - Symptoms of anaemia,
  - Locally available iron rich vegetables
  - Explain the objective of nutri-garden in the HHs
  - Demonstration of *Poi curry and cello fat fry of Poi*

#### Details of the participants in School and Village level awareness programme:

Village	School awareness programme		Mothers meeting		
	Date	Participants	Date	Participants	
Bhejaguda	6/10/15	24	6/10/15	32	2 Anaganwadi, 3 ASHA ,1 ANM, ICDS supervisor and Doctor CHC Boipariguda also participated
Chikima	7/10/15	29	15/10/15	18	
Banuaguda	8/10/15	33	8/10/15	52	1 ASHA and 1 AWW was participated
Atalaguda	13/10/15	25	13/10/15	30	1ASHA, ANM was participated
Kurkuti	No school		14/10/15	46	2 AWW, 4 ASHA were participated

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